

## St. Erconwald's Parish Newsletter

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Parish Priest: Fr. Anthony Psaila

Safeguarding Services Designated Persons: Lesley Gaynor and Margaret Nichols

PARISH HALL LETS: Suspended until further notice.

THE OFFICE: Closed.

MICROSITE: [www.parish.rcdow.org.uk/wembleyprestonroad](http://www.parish.rcdow.org.uk/wembleyprestonroad)



**FIRST OF LENT, YEAR B**

**21ST FEBRUARY 2021**

### **THEME: Repent and Believe the Good News**

As we begin Lent, the urgent message addressed to us today is: "Repent! Have a change of heart, be converted!" But who likes to change one's habits, one's mentality, one's lifestyle? We'd rather be left alone and go our old ways. Even Jesus was driven by the Spirit to the desert to be tempted there, to see with clear eyes who he was and what was his task and how people and events would try to turn him away from his mission. But Jesus was stronger than temptation and sin. May his Spirit convert us to be what we are called to be and to do what we have to do as Christians. May he help us to overcome our temptations and make us stronger than sin.



### **THE GOD WHO SPEAKS**

**MEDITATE:** As Lent begins, the whole Church begins a period of Spiritual renewal leading to Easter. Lent is a time of retreat. We journey inwardly to the desert places of solitude and silence to rediscover God's unique and abiding love for us. This love strengthens us for our mission in the world.

**ACT:** Make a list of spiritual priorities for this season. Ask yourself at the end of each day: "Have my actions reflected these priorities?"

**PRAYER:** Living God, you walk alongside us and speak to us through the Scriptures. Your Son, Jesus Christ, listens to our hopes and fears and shows us how to live for one another. Send us the Holy Spirit to open our hearts and minds so that we may be your witnesses throughout the world. Amen. Your word is our path and your truth is our light. This day and every day.

During Lent, the Church calls us to fasting and abstinence; to prayer; and to reach out to those who are less fortunate than us.

Each Friday we recall the events of Good Friday by fasting in some way.



Please do feel free to share the information in this newsletter with other members of the parish with whom you have contact. With prayerful best wishes. Keep safe. [Fr. Anthony]

*We are in this together, Let us help one another.*

## THE SEASON OF LENT



Lent is a time of grace, conversion, renewal and healing.



**STATIONS OF THE CROSS:** Mondays and Wednesday after the 9.30am Mass, and Friday evening at 6.30pm – private and live-streamed.

**PRIVATE PRAYER:** The Church will be open for Individual Private Prayer on Wednesdays from 11.00 to 11.30am and from 3.30 to 4.00pm [Please be generous and attend only once.]

### **Cardinal's Lenten Alms Appeal:**

Helps in the evangelization and formation among young people; promotion and strengthening of marriage and family life and our service within society. For more information please visit [www.CardinalsLentenAppeal.org.uk](http://www.CardinalsLentenAppeal.org.uk)

### **"PRAYER TIME"**

For our "Prayer-Time" this Lent, we are going to use the booklet "Holy Week Voices from the Holy Land". There are limited copies available from the Repository. Or you may wish to purchase a physical copy directly from Friends of the Holy Land or obtain an electronic/digital version (also priced £7.99), both of which are available from their website: [www.friendsoftheholylan.org.uk](http://www.friendsoftheholylan.org.uk)

*For the reflection for Week 1, please visit the website or the microsite.*

### **THE PASSAGE**

To mark 40 years of service to homeless people this Lent we have produced 40 reflections for Lent each marking a year of service and reflecting on the needs of homeless people today. If you would like to share in our Lenten journey please contact Andrew Hollingsworth: [Andrew.h@passage.org.uk](mailto:Andrew.h@passage.org.uk) tel. 020 7592 1886.

*The reflections can be followed either on the website or on the microsite.*

### **"THE LARDER"**

Like previous years we will be supporting "The Larder" [formerly known as "St. Lawrence's larder"]. Please bring your "food items" when you attend Mass.

### **CAFOD: LENT FAST DAY: Friday 26<sup>th</sup> February**



Will you do something amazing this Lent Fast Day? "Will you go the extra mile this Lent" is the theme of this year's Fast Day. This Lent you can live simply so that others can simply live. Abdella lives in an extremely remote and mountainous part of Ethiopia. It takes him ten hours a day to collect water.

He says his life is being wasted as he has no time for anything else.

Please visit [www.cafod.org.uk/lent](http://www.cafod.org.uk/lent) You can Donate on line at [www.cafod.org.uk/give](http://www.cafod.org.uk/give) or by using one of our envelopes.

### **CAFOD: WATER POVERTY**

Daily Walk? Something positive this Lent. Could you walk 10,000 Steps either on one day or everyday this Lent? The walk could be a sign of your solidarity with all those who do not have access to a safe water source and who have to walk for water each day.

Find out more or sign up online at [www.cafod.org.uk/walk](http://www.cafod.org.uk/walk) and go the distance this Lent and help to end water poverty.

**COMING TO MASS: COVID-19 SAFE ENVIRONMENT**  
**PLEASE STAY AT HOME**

You **must not** attend Church if you or someone you live with has cold or flu like symptoms

You **must not** attend Church if you or someone you have had contact with has tested positive for COVID-19.

You **must inform** the Parish Office if you or someone you live with/have had contact with someone who tests positive for COVID-19.

You **must not** mingle with people you do not live with out-side the Church after Mass.

**Booking to come to Mass:** Apply using the ticketing system <https://parish.rcdow.org.uk/wembleyprestonroad/events/>

**Booking by phone if no internet available:** you can call the parish office on 020 8904 6031 [press option 2 when prompted]

**(Visit website for the latest regulations for attending Mass, or see notice on Church door)**

*Be advised that due to Covid-19, the heating will remain off and doors remain open for ventilation. Please wear warm clothing during this cold spell.*

**Donations and Collection Money: Offertory Envelopes and other donations:** there will be a Collection Box at the entrance of the Church - please put envelopes and donations as you enter the Church to facilitate the one way system. Please no coinage at this time. You can also visit:

<https://parish.rcdow.org.uk/wembleyprestonroad/donate/>

You can also donate through Virgin Money Giving by visiting:

<https://parish.rcdow.org.uk/wembleyprestonroad/donate/>

**[If you are a tax payer, please Gift Aid your donation]**

**CHILDREN'S LITURGY**

*If you are looking for a way to engage your children in the gospel from home, join **CAFOD** for our virtual children's liturgy of the word at 10am GMT this Sunday. Register now to take part here.*

<https://attendee.gotowebinar.com/register/5095942131288155403>

**REPOSITORY**

The latest "Sunday Missal" is now available, including "Three Year Cycle" Calendar up to November 2024.

*Also in stock "Candle of Hope" price £1.60, with Pope Francis' "Prayer for Protection from Coronarvirus" on the reverse of the candle.*

*St. Patrick's Day cards, and Lent and Easter items now available for sale  
[To order, please email or ring the office]*

**POPE'S PRAYER INTENTION FOR FEBRUARY**

*Universal Intention—Violence against women*

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.



## **LITURGY FOR THE FIRST WEEK OF LENT**

*At present, the obligation to attend Sunday Mass and Holydays of obligation remains suspended*

Private Masses: Monday, Wednesday, and Saturday

Public Masses: Tuesday, Friday and Sunday

All services can be followed online: <https://www.churchservices.tv/wembley3>

[Saturday 5.30pm and Sunday 10.00am Masses are recorded]

**Sunday 21st February: 1st of Lent B** [10.00am] **Readings:** 1<sup>st</sup> Reading: Genesis 9.8-15; Psalm: 24; 2<sup>nd</sup> Reading: 1Peter 3.18-22; Gospel: Mark 1.12-15. **Intention:** Mary Govan [RIP]

**Monday 22nd February: Chair of St. Peter** [9.30am] **Readings:** 1<sup>st</sup> Reading: 1Peter 5.1-4; Psalm: 22; Gospel: Matthew 16.13-19. **Intention:** Jacques Ceuleers [RIP]. **Followed by Private Stations of the Cross.**

**Tuesday 23rd February: Lent Feria** [9.30am] **Readings:** 1<sup>st</sup> Reading: Isaiah 55.10-11; Psalm: 33; Gospel: Matthew 6. 7-15. **Intention:** Winifred McCarthy [RIP].

**Wednesday 24th February: Lent Feria** [9.30am] **Readings:** 1<sup>st</sup> Reading: Jonah 3.1-10; Psalm: 50; Gospel: Luke 11.29-32. **Intention:** Pat Mantle [RIP]. **Followed by Private Stations of the Cross**

**Church open for Individual Private Prayer: 11.00-11.30 and 3.30-4.00pm**

**Thursday 25th February** **NO SERVICE**

**Friday 26th February: Lent Feria [CAFOD Fast Day]** [9.30am] **Readings:** 1<sup>st</sup> Reading: Ezekiel 18.21-28; Psalm: 129; Gospel: Matthew 5.20-26. **Intention:** Brian Foley [RIP]

**Friday 26th February: 6.30pm: Private Stations of the Cross.**

**[Live-streamed and recorded]**

**Saturday 27th February: 5.30pm** **Readings:** 1<sup>st</sup> Reading: Genesis 22.1-2,9-13,15-18; Psalm: 115; 2<sup>nd</sup> Reading: Romans 8.31-34; Gospel: Mark 9.2-10. **Intention:** Roy Brattesani [RIP].

**Sunday 28th February: 2nd of Lent, B** [10.00am] **Readings:** 1<sup>st</sup> Reading: Genesis 22.1-2,9-13,15-18; Psalm: 115; 2<sup>nd</sup> Reading: Romans 8.31-34; Gospel: Mark 9.2-10. **Intention:** People of the Parish

### ***In case you are admitted to hospital.....***

In the light of data protection please indicate on entering hospital that your details are to be passed to the RC Chaplain, and that you would like a visit from the RC Chaplain. [Fr. Peter]

## **SPIRITUAL COMMUNION**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

*[based on a prayer of St Alphonsus Liguori]*